



Check Sheet

Name _____ County _____ District _____

Age Division _____ Category _____

ITEM	REQUIRED	COUNTY	DISTRICT	STATE
1. Check Sheet				
2. Personal Information Page	<ul style="list-style-type: none"> • Appropriate Signatures • Entered in correct age division 			
3. 4-H Story & Photo Portfolio	<ul style="list-style-type: none"> • Typed • Double spaced • No smaller than 10-point font • Correct page limit (<i>Junior-8, Intermediate 10, Senior 10</i>) 			
4. Texas 4-H Report Form	<ul style="list-style-type: none"> • All pages included • No additional pages 			
INITIALS OF CHECKER →				

This Check Sheet will be the first page at the front of your Texas 4-H Record Book. This same Check Sheet will be used at all levels of judging.



Personal Information Page
2022 - 2023

Name _____ **County** _____ **District** _____

Age Division _____ **Category** _____

Number of years in 4-H _____ **Number of years in Main Project** _____
(excluding Clover Kid years)

Address _____ **Home Phone** _____

City, State, Zip _____ **Mobile Phone** _____

Best Email _____

Date of Birth _____ **School Grade** _____

Place of Residence

_____ Farm/Ranch

_____ Rural area or Town less than 10,000

_____ Town or City of 10,000 to 50,000

_____ Suburb or City of more than 50,000

_____ Central city of more than 50,000

Name of your 4-H Club or Group _____

Number of members in your 4-H Club or Group _____

4-H Member Signature _____ **Date** _____

Parent Signature _____ **Date** _____

CEA Signature _____ **Date** _____



4-H Story & Photo Portfolio

The 4-H Story/Photo Portfolio should not just be a repetition of what is in the Report Forms

This should be the first section of your Texas 4-H Record Book following your Personal Information Sheet.

You can create your 4-H Story using a word processor software and does not need to have the heading above. This is just a reminder, place holder page.

See the Family Guide for instructions on page and photo limitations for this section.

DO NOT INCLUDE THIS PAGE IN YOUR RECORD BOOK. THIS IS A PLACE HOLDER FOR THE 4-H STORY & PHOTO PORTFOLIO



TEXAS 4-H RECORD BOOK

TEXAS A&M
AGRI LIFE
EXTENSION

2022-2023

Texas 4-H Record Book Report Form

SECTION I – 4-H PROJECT EXPERIENCES

4-H Project Summary and Learning Experiences – What is your project? How did your project change or grow? What have you done and what have you learned? You can include learning experiences gained in other youth/community organizations but applicable to the 4-H project. Individually-directed project learning experiences are also acceptable. Include up to 4 projects, current year and up to three preceding 4-H years (up to two preceding years for Juniors). Maximum page limits: Junior - 3 pages; Intermediate – 3 pages; Senior – 4 pages.



TEXAS 4-H RECORD BOOK

TEXAS A&M
AGRILIFE
EXTENSION

Texas 4-H Record Book Report Form *(continuation page if needed)*



TEXAS 4-H RECORD BOOK

TEXAS A&M
AGRILIFE
EXTENSION

Texas 4-H Record Book Report Form *(continuation page if needed)*



TEXAS 4-H RECORD BOOK

TEXAS A&M
AGRILIFE
EXTENSION

Texas 4-H Record Book Report Form *(continuation page if needed)*



2022-2023

Texas 4-H Record Book Report Form

SECTION II – 4-H LEADERSHIP EXPERIENCES

List what you did to assist others throughout this 4-H year. Also include general leadership such as Club Officer, 4-H County Council, or County Committees. Include elected/appointed, volunteer, and promotion leadership. Leadership Role: E-elected, A-appointed, V-volunteer, P-promotional. Level: Cl-club, Co-county, D-district, S-state, N-national, I-international. Include current year and up to 3 preceding 4-H years of activities (up to 2 preceding 4-H years for Juniors). Entry and page limits: Junior – 10 entries and 1 page; Intermediate – 15 entries and 2 pages; Senior – 25 entries and 3 pages.

	Year	Leadership Activity	Role (E, A, V, P)	Level (Cl, Co, D, S, N, I)	Responsibilities / Duties / Accomplishments
1					
2					
3					
4					
5					
6					
7					
8					
9					
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12					
13					
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24					
25					



2022-2023

Texas 4-H Record Book Report Form

SECTION III – 4-H COMMUNITY SERVICE

List community service or service learning projects that might include: clean ups, collections, repairs, construction, care packets, visitations, education, donations, presentations, etc. Your Role: Y-Yourself, M-Member of a Group, P-Primary Leadership. Include current year and up to 3 preceding 4-H years of activities (up to 2 years preceding 4-H years for Juniors). Entry and page limits: Junior – 10 entries and 1 page; Intermediate – 15 entries and 2 pages; Senior – 25 entries and 3 pages.

	Year	Your Role (Y, M, or P)	Service Activity	Importance and Impact
1				
2				
3				
4				
5				
6				
7				
8				
9				
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12				
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21				
22				
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24				
25				



TEXAS 4-H RECORD BOOK

TEXAS A&M
AGRILIFE
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2022-2023

Texas 4-H Record Book Report Form

SECTION IV – OTHER 4-H PROJECTS

List any 4-H project(s) not listed in Section I, include number of years and summarize participation. Include current year and up to 3 preceding 4-H years of activities (up to 2 preceding 4-H years for Juniors), and any number of projects. Limit to 1 page (Juniors) Limit to 2 pages (Intermediates & Senior).



2022-2023

Texas 4-H Record Book Report Form

SECTION V – 4-H RECOGNITION AND AWARDS

List 4-H recognition and awards. Level CI-Club, Co-County, D-District, S-State, N-National, I-International. Include current year and up to 3 preceding 4-H years of activities (up to 2 preceding years for Juniors). Entry and page limits: Junior – 10 entries and 1 page; Intermediate – 15 entries and 2 pages; Senior – 25 entries and 3 pages.

	Year	Level (Cl, Co, D, S, N, I)	Recognition	Importance to You
1				
2				
3				
4				
5				
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TEXAS 4-H RECORD BOOK

TEXAS A&M
AGRILIFE
EXTENSION

2022-2023

Texas 4-H Record Book Report Form

SECTION VI – NON-4-H ACTIVITIES

List leadership, community service, awards, and recognition from other activities such as school, church, and other community organizations. Include current year and up to 3 preceding 4-H years of activities (up to 2 preceding years for Juniors). Limit to 1 page.



2022-2023

Texas 4-H Record Book Report Form

SECTION VII – COLLEGE & CAREER EXPLORATION

Please answer the following question before completing the required portion of the table.

As of today, what career would you choose? _____

List activities that have helped you learn more about careers or the necessary education to enter a career. Examples of activities include: interviews, tours, job shadowing, research, mentoring, work experience, skill development, course work, etc. Include current year and up to 3 preceding 4-H years of activities (up to 2 preceding years for Juniors). Entry and page limits: Junior – 10 entries and 1 page; Intermediate – 15 entries and 1 page; Senior – 15 entries and 2 pages.

	Year	Activity Title	What did you learn or do?
1			
2			
3			
4			
5			
6			
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14			
15			